Subject Group	Subject	CORE PE
	Set	Year 7-9

Threshold Concepts		
	Sportsmanship	Teamwork
	Healthy Lifestyles	Fitness components

Curriculum Map

CITY OF LONDON ACADEMIES TRUST

		Term Aut 1 Unit 1	Term Aut 2 Unit 2	Term Spr 1 Unit 3	Term Spr 2 Unit 4	Term Sum 1 Unit 5	Term Sum 2 Unit 6
Year 7/8/9		Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage
	Unit Title	**Football**	**Tag Rugby**	**Netball**	**Volleyball**	**Basketball**	**Gymnastics**
	Knowledge / Skills	Passing/dribbling/hooting. Game refeering rules and game play rules: offisde / corners / goal kicks. Offensive tactics: pressing and defensive tactics; 3-3-4	Passing/catching/trys/dodging. Rules of the games, rule of the tag. Attacking plays and formations and defensive plays and lines.	Passing/catching/footwork/shooting /defensive marking. Game rules including obstruction/footwork/replay and contact. Positions of the netball team	Digging/serving/setting/spike. Rules of the game; in service, in teams (6 v 6 / 2 v 2) Rotation, and tactics for defense and attacking	Shooting/dribbling/passing. Game Play skills e.g. offence/defence/team positions. Rules of the game: foul/off court/in bound/foul shots.	Tension: counter balance and counter tension partner work. Techniques balances / rotation and transitions. Individual performance to group performance. Sports acrobatics and vaulting in yr 9 curriculum map.
	Lit / Num	Lit: Coaching points, tactics, teamwork, communication and verbal instructions. Num: Point keeping, conditions in a game e.g. touches on a ball.	Lit: Coaching points, tactics, teamwork, communication and verbal instructions. Num: Point keeping, conditions in a game e.g. x amount of passes to be made	Lit: Coaching points, tactics, teamwork, communication and verbal instructions. Reading positions on resource sheets Num: Point keeping, conditions in a game e.g. x amount of passes to be made	Lit: Coaching points, tactics, teamwork, communication and verbal instructions. Num: Point keeping, conditions in a game e.g. x amount of sets to be made	Lit: Coaching points, tactics, teamwork, communication and verbal instructions. Num: Point keeping, conditions in a game e.g. x amount of passes / lay ups / shots to be made	Lit: Technique points for skills e.g. handstand, reading resource sheets with example balances, creating routines and pathways on the mat. Num: Using counts with the music to make sure performance has musicality. Using counts to hold a balance for a period of time.
	Enrichment	Girls Football All Years and Boys Football KS3 / 4 /5	LPESSN Tag Rugby KS3/4 tournaments that can lead to Southark Youth Game	Local school friendly, school county tournaments and private school visits	LPESSN Volleyball KS3/4 Tournaments that can lead to Southwark Youth Games	KS3 Girls and Boys Basketball Clubs After school with coaches. KS4 Girls and Boys basketball Clubs after school with coaches. KS3 and KS4 morning clubs	Cheer Club KS3/4/5 and CoLA Dance Club After School Club
	British Vals	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance	RespectRespect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance
	Character	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.	Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.
	Careers	Coaching/player development	Coaching/player development	Coaching/player development	Player/coach development	Coaching/player development	Coaching/player development

Year 7/8/9

	Term	Aut 1	Unit	7	Term	Aut 2	Unit	8	Term	Spr 1	Unit	9	Term	Spr 2	Unit	10	Term	Sum 1	Unit	11	Term	Sum 2	Unit	12
	Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage			
Unit Title	**Badminton**				**Athletics**				**Cricket**				**Tennis**				**Dance**				**Fitness**			
Knowledge / Skills	Serving e.g. flick serve/OHC/dropshot/smash. Doubles and singles game play including rules of service and the court lines.				Track events: 100m sprint, long distance, relay. Field events: throwing (shot/javelin) and jumping (high jump)				Fielding: Bowling/fielding/catching/long barrier/short barrier/overarm and underarm throw. Batting: Different skills of batter e.g. drive/sweep. Defensive batting.				Serving/forehand/backhand/volley. Doubles and singles game play including court lines				Choreography: stimulus and motif (contemporary / street) Performance techniques: dynamics, musicality, formations and Choreographic changes; adding movements, adding embellishment, repeating motifs				Testing: MSFT, 50m sprint test/coordination test/broad jump test/T-test for agilty. Training methods: circuit training/weight training/HIIT Health related fitness components: CV Endurance, M.E, M.S, Flexibility, Body composition			
Lit / Num	Num: Scoring in a game, keeping count of rally using specific techniques. Lit: peer coaching; reading and using resources for AfL of skills, communication and following verbal instructions.				Num: Compare results to normative data, calculate average distances. Lit: movement analysis through peer coaching, reading and using technique resources to support knowledge				Num: Scoring Lit: Communication within the team to change tactics, using resources to support learning, following technique points and verbal instruction				Num: Scoring correctly using the tennis umpiring scoring Lit: peer coaching, using resources for each skill.				LIt: choreographic techniques and performance techniques added to dance routine. Num: Counting in '5,6,7,8' and counting 'up to 8' to create dance actions, double time and half time.				Num: Timing (time under tension) /reps/sets. Lit: definitions of fitness components, different exercise, exercise machine names.			
Enrichment	Sportshall fully booked due to W/EABL - use SPH when away game occurs; select G&T students for KS3/4 friendly games against local schools.				Sports Day at Southwark Athletics Track, Sportshall Athletics Tournament Yr 7 & 8				LPESSN Cricket / Rounders tournaments. No current ECA				Summer ECA after school club for all year groups, mixed gender				CoLA Dance Club, Cheer Club KS3/4/5				Fitness club x 3 a week for KS3/4 and x 1 KS5 fitness club			
British Vals	Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (working as a team) Mutual Respect and Tolerance			
Character	Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, Perserverance, Reliability, Authenticity.				Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, verance, Reliability, Authenticity.				Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, verance, Reliability, Authenticity.				Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, verance, Reliability, Authenticity.				Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, verance, Reliability, Authenticity.				Fairness, Duty, Ambition, Resilience and Integrity, Teamwork, Leadership, Self governance, Responsibility, verance, Reliability, Authenticity.			
Careers	Coaching/umpire/sports centre				Head of NGB				Umpiring				Umpire/Coaching/player				Choreographer/performer				S&C/physio/therapist			

Year 7/8/9 Theory Topics

	Term	Aut 1	Unit	Theory	Term	Aut 2	Unit	Theory	Term	Spr 1	Unit	Theory	Term	Spr 2	Unit	Theory	Term	Sum 1	Unit	Theory	Term	Sum 2	Unit	Theory
	Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage			
Unit Title	**Skeletal System**				**Skeletal System**				**Muscular System**				**Muscular/Respiratory System**				**Cardiovascular System**				**Health & Fitness**			
Knowledge / Skills	**Structure of the skeleton - Functions of the skeleton - Types of bones**				**Types of joints/Joint actions/Structure of spine and posture**				**Type of muscle/Structure of the muscular system/Muscle movement and contraction**				**Muscle fibre types/Functions of the respiratory system/Lung volumes**				**Blood vessels/Cardiovascular measurements/Energy systems/Short term effects of exercise**				**Long term effects of exercise/Health related fitness components/Skill related fitness components/FITT Principle**			
Lit / Num	Speaking/listening/exam criteria and exam marks.				Speaking/listening/exam criteria and exam marks.				Speaking/listening/exam criteria and exam marks.				Speaking/listening/measurements, exam criteria and exam marks.				Speaking/listening/ measurements, exam criteria and exam marks.				Speaking/listening/measurements, exam criteria and exam marks.			
Enrichment	All sport/science based clubs				All sport/science based clubs				All sport/science based clubs				All sport/science based clubs				All sport/science based clubs				All sport/science based clubs			
British Vals	Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance				Respect, Rule of Law, Democracy (sharing opinions) Mutual Respect and Tolerance			
Character	Ambition, Resilience and Integrity, Leadership, ponsibility, Perserverance, Authenticity.				Ambition, Resilience and Integrity, Leadership, Responsibility, Perserverance, Authenticity.				Ambition, Resilience and Integrity, Leadership, Responsibility, Perserverance, Authenticity.				Ambition, Resilience and Integrity, Leadership, Responsibility, Perserverance, Authenticity.				Ambition, Resilience and Integrity, Leadership, Responsibility, Perserverance, Authenticity.				Ambition, Resilience and Integrity, Leadership, Responsibility, Perserverance, Authenticity.			
Careers	PT/Sport Scientist/S&C/Coach				PT/Sport Scientist/S&C/Coach				PT/Sport Scientist/S&C/Coach				PT/Sport Scientist/S&C/Coach				PT/Sport Scientist/S&C/Coach				PT/Sport Scientist/S&C/Coach			

Subject Group	Subject	Core PE; Pathways
	Set	Year 10-11

Threshold Concepts		
	Body systems	Fitness Components
	Healthy Lifestyles	Effects of exercise

Year 10		Term Aut 1 Unit GC or HW	Term Spr 1 Unit	Term Spr 2 Unit	Term Sum 1 Unit	Term Sum 2 Unit
		Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage
	Unit Title	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**
	Knowledge / Skills	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.
	Lit / Num	Scoring/Peer Coaching	Scoring/Peer Coaching	Scoring/Peer Coaching	Scoring/Peer Coaching	Scoring/Peer Coaching
	Enrichment	Fitness club	Fitness club	Fitness club	Sporting club of choice	Sporting club of choice	Sporting club of choice
	British Vals	Rule of Law	Liberty	Liberty	Liberty	Leadership	Respect
	Character	Reliability	Self Discipline	Self Discipline	Respect	Perserverance	Perserverance
	Careers	PT/Teacher/Sports Coach/S&C/Athlete	PT/Teacher/Sports Coach/S&C/Athlete	PT/Teacher/Sports Coach/S&C/Athlete	PT/Teacher/Sports Coach/S&C/Athlete	PT/Teacher/Sports Coach/S&C/Athlete	PT/Teacher/Sports Coach/S&C/Athlete

		Term Aut 1 Unit	Term Aut 2 Unit	Term Spr 1 Unit	Term Spr 2 Unit	Term Sum 1 Unit	Term Sum 2 Unit
		Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage
	Unit Title	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**Games & Competition OR Health & Wellbeing Pathway**	**School Leavers**	**School Leavers**

Year 11	Knowledge / Skills	Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.		Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.		Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.		Students will take part in a range of activities depending on which pathway they choose. The Games & Compeition pathway provides students with the opportunity to develop their skills to a higher level and will provide more challenging competitive situations for students to apply their knowledge and understanding, The Health & Wellbeing pathway provides students with the opportunity to find physical activities which they enjoy, and to gain a deeper understanding of the benefits of regular exercise on their physical and mental health so that they enjoy life-long participation.				
	Lit / Num	Scoring/Peer Coaching		Scoring/Peer Coaching		Scoring/Peer Coaching		Scoring/Peer Coaching											
	Enrichment	Sporting club of choice		Sporting club of choice		Sporting club of choice		Sporting club of choice											
	British Vals	Respect		Liberty		Rule of Law		Leadership											
	Character	Perserverance		Self Discipline		Reliability		Perserverance											
	Careers	PT/Teacher/Sports Coach/S&C/Athlete		PT/Teacher/Sports Coach/S&C/Athlete		PT/Teacher/Sports Coach/S&C/Athlete		PT/Teacher/Sports Coach/S&C/Athlete											

Subject	Subject	A Level PE	Threshold Concepts	Body Systems	Healthy Lifestyles
Group	Set	Year 12-13		Fitness Components	

Curriculum Map

Year 12		Term	Aut 1	Unit	1	Term	Aut 2	Unit	2	Term	Spr 1	Unit	3	Term	Spr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit	6
		Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage				Curriculum/Syllabus Coverage			
	Unit Title	**Sport and Society/Anatomy and Physiology**				**Sport and Society/Anatomy and Physiology**				**Sports Psychology/Skill Acquisition**				**Sports Psychology/Skill Acquisition**				**EAPI/Exercise Physiology and Biomechanics**				**EAPI/Exercise Physiology and Biomechanics**			
	Knowledge / Skills	1.1 Skeletal and muscular systems, 1.2 Cardiovascular and respiratory systems, 6.1 Emergence and evolution of modern sport, 6.2 Sport in the twenty-first century, 6.3 Global sporting events				1.1 Skeletal and muscular systems, 1.2 Cardiovascular and respiratory systems, 6.1 Emergence and evolution of modern sport, 6.2 Sport in the twenty-first century, 6.3 Global sporting events				5.1 Individual differences, 5.2 Group and team dynamics and goal setting in sport, 4.1 Classification of skills, 4.2 Types and methods of practice, 4.3 Transfer of skills, 4.4 Learning theories, 4.5 Stages of learning, guidance and feedback				5.1 Individual differences, 5.2 Group and team dynamics and goal setting in sport, 4.1 Classification of skills, 4.2 Types and methods of practice, 4.3 Transfer of skills, 4.4 Learning theories, 4.5 Stages of learning, guidance and feedback				2.1 Diet and nutrition and their effect on physical activity and performance, 2.2 Preparation and training methods, 3.1 Biomechanical principles: Newton's laws of motion, force and use of technology, 3.2 Biomechanical principles: stability and lever systems, EAPI (Analysis of Performance)				2.1 Diet and nutrition and their effect on physical activity and performance, 2.2 Preparation and training methods, 3.1 Biomechanical principles: Newton's laws of motion, force and use of technology, 3.2 Biomechanical principles: stability and lever systems, EAPI (Analysis of Performance)			
	Lit / Num	Mathmatical equations, for example, cardiovascular measurements and lung volumes. Reading articles based on sport within society, interpreting data.				Mathmatical equations, for example, cardiovascular measurements and lung volumes. Reading articles based on sport within society, interpreting data.				Analysing the impact of sport psych strategies and skill acqusition strategies through long answer questions				Analysing the impact of sport psych strategies and skill acqusition strategies through long answer questions				Verbal presentations/numerical reasoning behind health and fitness programmes				Verbal presentations/numerical reasoning behind health and fitness programmes			
	Enrichment	Fitness/Sports team/Volunteer coach				Fitness/Sports team/Volunteer coach				Fitness/Sports team/Volunteer coach				Fitness/Sports team/Volunteer coach				Fitness/Sports team/Volunteer coach				Fitness/Sports team/Volunteer coach			
	British Vals	Rule of Law/ Liberty				Rule of Law/ Liberty				Rule of Law/ Liberty				Rule of Law/ Liberty				Rule of Law/ Liberty				Rule of Law/ Liberty			
	Character	Self-awareness/Responsibility				Self-awareness/Responsibility				Self-awareness/Responsibility				Self-awareness/Responsibility				Self-awareness/Responsibility				Self-awareness/Responsibility			

	Careers	Physiotherapist/Coach/PT/S&C/Analyst/Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach

Year 13		Term Aut 1 Unit 7	Term Aut 2 Unit 8	Term Spr 1 Unit 9	Term Spr 2 Unit 10	Term Sum 1 Unit 11	Term Sum 2 Unit 12
		Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage	Curriculum/Syllabus Coverage
	Unit Title	**Sport and Society/Anatomy and Physiology**	**Sport and Society/Anatomy and Physiology**	**Sports Psychology/Skill Acquisition**	**EAPI/Exercise Physiology and Biomechanics**	**School Leavers**	**School Leavers**
	Knowledge / Skills	1.1 Energy for exercise, 1.2 Recovery, altitude and heat, 6.1 Ethics and deviance in sport, 6.2 Commercialisation and media, 6.3 Routes to sporting excellence in the UK, Modern technology in sport	1.1 Energy for exercise, 1.2 Recovery, altitude and heat, 6.1 Ethics and deviance in sport, 6.2 Commercialisation and media, 6.3 Routes to sporting excellence in the UK, Modern technology in sport	5.1 Attribution in sport, 5.2 Confidence and self-efficacy in sports performance, 5.3 Leadership in Sport, 5.4 Stress management to optimise performance, 4.1 Memory models	2.1 Injury prevention and the rehabilitation of injury, 3.1 Linear motion, 3.2 Angular motion, 3.3 Fluid mechanics and projectile motion, EAPI (Analysis of Performance)		
	Lit / Num	Mathmatical equations, for example, cardiovascular measurements and lung volumes. Reading articles based on sport within society, interpreting data.	Mathmatical equations, for example, cardiovascular measurements and lung volumes. Reading articles based on sport within society, interpreting data.	Analysing the impact of sport psych strategies and skill acqusition strategies through long answer questions	Verbal presentations/numerical reasoning behind health and fitness programmes		
	Enrichment	Fitness/Sports team/Volunteer coach	Fitness/Sports team/Volunteer coach	Fitness/Sports team/Volunteer coach	Fitness/Sports team/Volunteer coach		
	British Vals	Rule of Law/ Liberty	Rule of Law/ Liberty	Rule of Law/ Liberty	Rule of Law/ Liberty		
	Character	Self-awareness/Responsibility	Self-awareness/Responsibility	Self-awareness/Responsibility	Self-awareness/Responsibility		
	Careers	Physiotherapist/Coach/PT/S&C/Analyst/Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach	Physiotherapist/Coach/PT/S&C/Analyst /Sport Psych Coach		